



# Nursing Assistant

Youth Apprenticeship

## NURSING ASSISTANT

Nursing assistants provide basic care and help patients with activities of daily living. In WI, youth apprentices must complete a nurse aid training program and pass the Certified Nursing Assistant (CNA) exam.

**Length of Apprenticeship:** One or two years

## OCCUPATIONAL COMPETENCIES

Youth apprentices work with a job site mentor to demonstrate the following competencies.

**Year 1:** All of the required competencies plus **eight** of the additional competencies

**Year 2:** All of the required competencies plus **sixteen** of the additional competencies

Required Competencies	Additional Competencies
1. Use standard precautions and infection prevention controls	1. Measure blood pressure
2. Change unoccupied bed linens	2. Measure weight and/or height
3. Follow care plan	3. Transport client
4. Report client changes	4. Assist to transfer client
5. Prepare client for service	5. Aid client with bathing or showering
6. Position client	6. Aid client with eating and hydration
7. Ambulate client	7. Aid client with oral hygiene
8. Measure temperature, pulse, and respiration	8. Aid client with grooming — dress and undress
9. Provide client comfort measures	9. Aid client with grooming — shaving
10. Assist client with toileting	10. Aid client with grooming — hair care
	11. Aid client with grooming — nail care
	12. Maintain inventory of supplies and/or equipment
	13. Care for clients with a urinary catheter
	14. Manage client appointments
	15. Measure pulse oximetry
	16. Measure blood sugar
	17. Instruct clients in collection of specimens
	18. Provide client skin care
	19. Apply non-prescription topical medications
	20. Serve food
	21. Provide ostomy care
	22. Give bed bath
	23. Apply TED (anti-embolism) stockings and/or tubi-grips
	24. Assist with care of client with dementia
	25. Use isolation techniques

	<ol style="list-style-type: none"><li>26. Perform choking maneuver (simulated)</li><li>27. Respond to emergency situations as a Certified Nursing Assistant (CNA)</li><li>28. Assist with post-mortem care</li><li>29. Measure fluid intake and output</li><li>30. Make occupied bed</li></ol>
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## **REGISTERED APPRENTICESHIP BRIDGING OPPORTUNITIES**

Some of the related instruction courses can bridge into the following registered apprenticeships:

- Medical Assistant registered apprenticeship
- Community Health Worker registered apprenticeship

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## **POST-SECONDARY PATHWAY OPPORTUNITIES**

There are several post-secondary pathway opportunities in this area. The following is a partial list.

- Medical Assistant Technical Diploma
- Practical Nurse or Registered Nurse