



Optical Assistant

Youth Apprenticeship

OPTICAL ASSISTANT

Optical Assistant youth apprentices help clients select frames, and measure and fit them for their optical prescription. They also assist with eye exams including exam setup, cleaning, and restocking.

Length of Apprenticeship: One year

OCCUPATIONAL COMPETENCIES

Youth apprentices must complete a **total of 11** competencies. **Ten** must be from the list below. If necessary, employers can substitute **1** competency with another occupationally appropriate skill. That skill should be added to the competency list for assessment.

Competencies
1. Practice infection control and safety
2. Obtain lens prescriptions
3. Measure client eye lengths, centers, and distances
4. Setup optometry area
5. Assist to perform eye exam
6. Instruct clients on how to care for eyewear
7. Order frames and lenses
8. Assist clients in selecting frames
9. Fit glasses to clients
10. Clean and restock after procedure
11. Maintain inventory

POST-SECONDARY PATHWAY OPPORTUNITIES

There are several post-secondary pathway opportunities in this area. The following is a partial list.

- Optical Technician
- Optometry