



Physical Therapy Aide

Youth Apprenticeship

PHYSICAL THERAPY AIDE

Physical therapy aide youth apprentices clean and setup the treatment area, move patients, and performing clerical duties. They also assist physical therapists in training and treatment.

Length of Apprenticeship: One year

OCCUPATIONAL COMPETENCIES

Youth apprentices must complete a **total of 13** competencies. **Twelve** must be from the list below. If necessary, employers can substitute **1** competency with another occupationally appropriate skill. That skill should be added to the competency list for assessment.

Competencies
1. Practice infection control and safety
2. Setup treatment area
3. Assist to explain treatment to patient
4. Position client on therapy equipment
5. Measure vital signs
6. Assist client with performing range of motion exercises
7. Assist client with prescribed exercise program
8. Assist client with gait training
9. Administer active and passive treatments
10. Clean and restock after procedure
11. Maintain inventory
12. Apply compression stockings and/or tubi-grips
13. Use isolation techniques

POST-SECONDARY PATHWAY OPPORTUNITIES

There are several post-secondary pathway opportunities in this area. The following is a partial list.

- Physical Therapist Assistant
- Physical Therapist